



400 Penman Rd, Neptune Beach, FL 32266 (904) 249-5370 www.christumcnb.org

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**Worship Online Anytime at** www.christumcnb.org

> **Open Prayer** In the Sanctuary **Every Wednesday** 9am-noon

#### THE OFT' BROKEN 4TH COMMANDMENT

As you are probably aware, I had a chance to go to Israel with 300 others and the Bishop this past February before the world turned upside down. There are several things that are different between Israel and America but one of the starkest differences is the national observance of the Sabbath. At sundown on Friday EVERYTHING closes. EVERYTHING. Essential items (hotel front desk, etc) were run by those who were not Jewish. No restaurants open. No shopping. Elevators are set to Sabbath mode so they stop at every floor.

Instead families spend time together—just spend time. They pray. They have the Shabbat meal. They may go to temple. They read Scripture. The hotel lobby was filled with Jewish families just spending time together. It was beautiful. There was a time in America when most things were closed on Sundays and now that is almost all gone (with a few exceptions).

This July, I begin my eighth year of pastoral ministry and twenty-first year in ministry total. For many of those years there have been times when the foot doesn't come off the gas peddle. I confess I've broken the fourth commandment—I have not kept the Sabbath (or often even an alternate Sabbath). It wears on your soul after awhile. It is like trying to drive a car without gas—you push but you don't get as far.

So, through August and September I am on "sabbatical" or technically per the Book of Discipline, "Renewal Leave". Really, I am on Sabbath. I will be Resting, Renewing, and Resetting. I look forward to time with my family, and to rest. I look forward to the ways God will renew me. I am very thankful for those stepping in all the different places as I am away. I have full faith in God things here will be fine and God in each of you will CONTINUE to accomplish the good works that are happen-

If you have been like me and neglected the fourth commandment, I hope you take this as an example that it is not only good for us but required of us by God.

Amazed by Grace, Pastor Bridget

## HOSPITALITY AT CHRIST UNITED METHODIST CHURCH

# First Impressions

Our Church's mission is to be and make disciples of Jesus Christ. One way to make and grow disciples is to be certain that those visitors who come to our church stay at our church. We have over 200 visitors annually – 200 opportunities to extend the love of Christ and make disciples.

For those visitors, first impressions are important. It only takes guests 30 seconds to form a first impression, and they will decide within 10 minutes whether or not they will return to the church. And first time visitors will talk about our church to others 8 to 15 times (from The Principles of Hospitality by Yvonne Gentile and Deb Nixon).

So how can we ensure our church follows Jesus' instructions to welcome strangers, and makes a good first impression? Last month we learned about the 3 Minute Rule spend 3 minutes before and after worship greeting those you do not know. But what if the visitor arrives a little late and cannot find a seat, except down front or in the middle of a crowded pew? How is that for a first impression? Now, what if you give up your preferred seat so that the visitor can have a good seat -likely on the aisle? That is an act of hospitality that they will remember.



# Friends in Christ

Add to that the 10 Foot Rule. attentive to the people 10 feet around you. (Not difficult with 6 feet social distancing.) When passing the peace, introduce yourself to members and quests within 10 feet of you. Look them in the eye and sincerely connect with them, especially if they are alone. among a crowd of strangers can be stressful. Remember we are passing the peace of God, not seeing how many hands we can shake. If introduce permits, the time stranger to someone else.

These are some simple things you can do to further our church mission.

Cindy Kastner, Relate Coordinator P.S. This is for when we are able to worship together again!

#### A MESSAGE FROM YOUR RELEASE COORDINATORS

By this time, you may be missing "church" and your friends. Yep, you're in good company. Most feel the same; and while plans are being made to reopen, it may still be a while before reopening. No problem though. WE are the church...YOU are the church. Finding ways to be the church can be found through action.

Did you know that through Local Dig, Feeding Northeast Florida and BEAM, our church has been distributing prepared meals and food items (usually weekly) when available? Yes, that's OUR church. WE have been a "liaison" for food distribution to families desiring this type of assistance during the pandemic.

Additionally, WE, our church, have shared some of these prepared meals with Mission House for their distribution. In doing so, WE have reconnected with Mission House to begin OUR once-a-month meal to the homeless. More on this later.

Through the generosity of World Market, WE, the church, have received a great variety of boxed and sealed speciality food items. Six baskets with these items, along with handwritten cards of encouragement, were delivered to the three Beach Police Departments and three Beach Fire and Rescue Stations. WE, the church, have continued meal delivery to the homebound through the Community Kitchen. Even this has been a teachable moment for some children who have been out of school but eager to help with delivery. The children wore masks, gloves and social distanced, leaving the meals at the door. The families were delighted to see the children (from a distance) and the children learned another way in which to care for and love their neighbors.

These are just a few examples of being the CHURCH. OUR Monday Bible studies and Sunday School have continued via conference calling and Zoom. Many OTHERS have sent beautifully written cards and notes, made daily phone calls, emailed lighted-hearted messages, texted a hello, and much more. The Congregational Care Team continues to pray for those on our Circle of Concern and those requesting private prayers. You see, OUR CHURCH HAS INDEED LEFT THE BUILDING. WE are the church and WE are here for YOU.

Johnna Ware and Sonni McEvoy Release Coordinators



# **ANNIVERSARIES AND BIRTHDAYS FOR AUGUST**



- 2 Richard and Cindy Hippensteal
- 4 Mike and Becky Chambers

- 11 Virginia and Ed Sherrill
- 12 Richard and Kathy Wallace
- 14 Joe and Linda Bryan
- 16 Mark and Kathy Scott
- 22 Don and Mimi Ames
- 30 Jim and Marilyn Porterfield

- 1 Chloe Austill
- 5 Hermine Joseph
- 7 Bob Webster
- 8 Laura Adams
- 15 Tommy Romano
- 18 Don Ames Karen Long

- 21 John Nunn
- 22 Ed Sherrill
- 23 Lori Swann



# **SECURITY CORNER**

Keeping our campus secure is not just the business of the Security Task Team but it's Everyone's job.

We are not able to worship in person yet due to the effects of COVID -19 but there are still people who have essential jobs at church who still come to the campus. Keep your eyes open whenever you are on the campus. Look for anything out of place like an open gate, suspicious activity anywhere, especially behind the garage and wooded, rear area of the property.

Observe and report. Tell the person who is in the office. Call Neptune Beach police (904) 270-2411, if you think or feel something is just not right. Also, let Bob Strachan know so he can inform the Pastor who needs to know whenever the police are called.

Remember, security is everyone's business.

Stay Alert— Stay Alive

# **Stroke & Cerebrovascular Care**

A <u>stroke</u> occurs when the blood supply to the brain is suddenly blocked (ischemic stroke) or a blood vessel within the brain ruptures (hemorrhagic stroke). When brain cells are deprived of oxygen, the cells begin to die. A <u>brain aneurysm</u> is a bulging artery, which is caused by a weak spot in the artery wall. A ruptured brain aneurysm is a medical emergency.

# A Stroke is An Emergency

A stroke is a brain attack. It requires immediate action. Similar to a heart attack, stroke symptoms may not always be classic symptoms such as face drooping, arm or leg weakness or slurred speech. The first sign may be a sudden loss of balance or coordination, blurred vision or sudden loss of vision. If stroke is suspected, call 911 immediately. Do not wait and see what happens or try to "sleep it off." The faster you seek care, the better your chances for treatment and recovery.

# BE FAST and CALL 911 IMMEDIATELY at any sign of a stroke:

**B-Balance:** Is there a sudden loss of balance or coordination?

**E-Eyes:** Is there persistent blurred vision and/or sudden trouble seeing?

**F-Face:** Ask the person to smile. Does one side of the face droop?

**A-Arms:** Ask the person to raise both arms. Does one arm drift downward?

**S-Speech:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?

T-Time: If you observe any of these signs call 911 immediately.

# **CHILDREN'S PAGE**



# **Prayer:**

Thank you God, for the morning sun that gives warm light to everyone.

Amen







# **HAPPENINGS IN AUGUST-YOU NEED TO KNOW!**

# 26th Annual Back to School with BEAM

Saturday, August 1, 8 am to noon Neptune Baptist Church 407 3rd Street, Neptune Beach, 32266

## Sunset at the Beach

Sunday, August 2, 5: p.m. at the end of Atlantic Blvd.

Everyone is invited, families, singles, young and senior. Bring beach equipment, chairs, shade and a cool drink. Consider wearing a mask and be sure to social distance. See you there, Cindy Kastner, Relate Coordinator

# Feed the Hungry

Tuesday, August 4, 3—6 p.m.

We are preparing food to be served at Mission House, the first Tuesday of each month.

Call Mike McEvoy, (904) 249-4244, to see how you can help with this important ministry in a new way. We will prep the food in the kitchen and Wilson Hall to allow for social distancing. Masks required.

# **Open Prayer Time in the Sanctuary**

Every Wednesday, 9 am—noon

# BOY SCOUTS OF AMERICA ASKED US TO PUBLISH THIS INFORMATION

Official Approved Notice from Bankruptcy Court



# Sexual Abuse Claims in Boy Scouts Bankruptcy

Regardless of how old you are today or when the sexual abuse occurred, you need to file your claim by 5 p.m. (Eastern Time) on November 16, 2020.

The Boy Scouts of America ("BSA") has filed bankruptcy in order to restructure its nonprofit organization and pay Sexual Abuse Survivors. Please read this notice carefully as it may impact your rights against BSA, BSA Local Councils and organizations that sponsored your troop or pack and provides information about the case, In re Boy Scouts of America and Delaware BSA, LLC, No. 20-10343 (Bankr. D. Del.). This notice is a short summary. For more detail, visit www.OfficialBSAClaims.com or call 1-866-907-2721.

#### Who Should File a Sexual Abuse Claim?

Anyone who was sexually abused during their time in Scouting, on or before February 18, 2020, must file a claim. This includes sexual abuse in connection with Boy Scouts, Cub Scouts, or any entity or activity associated with Scouting. Sexual Abuse Claims include, but are not limited to: sexual misconduct, exploitation, or touching, sexual comments about a person or other behaviors that led to abuse, even if the behavior was not sexual or against the law, and regardless of whether you thought the behavior was sexual abuse or not. These acts could be between a: (1) child and an adult or (2) child and another child.

#### When and How Should I File a Sexual Abuse Claim?

You should file a claim using the Sexual Abuse Survivor Proof of Claim by November 16, 2020 at 5:00 p.m. (Eastern Time). If you do not file a timely Sexual Abuse Claim, you may lose rights against BSA, BSA Local Councils or organizations that sponsored your troop or pack, including any right to compensation. Only BSA is in bankruptcy. If you have a claim against the BSA Local Councils or other organizations, you must take additional legal action to preserve and pursue your rights.

Your information will be kept private. You can download and file a claim at www.OfficialBSAclaims. com or call 1-866-907-2721 for help on how to file a claim by mail. Scouting participants who were at least 18 years of age at the time the sexual abuse began may also have claims related to sexual abuse and should consult the appropriate claim form at www.OfficialBSAclaims.com.

#### **ACT NOW Before Time Runs Out:**



File a Sexual Abuse Survivor Proof of Claim.



If your claim is approved, you may receive compensation from the bankruptcy.



Have questions? Call or visit the website for more information.

If a plan to reorganize BSA is approved, it could release claims you hold against certain third parties, including against BSA Local Councils and organizations that sponsored your troop or pack. Please visit the website to learn more.

#### Other Support

BSA will fund in-person counseling for current or former Scouts or their family. To request in-person counseling, please call 1-866-907-2721 or email restructuring@scouting.org.

Your information will be kept private.

www.OfficialBSAclaims.com

1-866-907-2721

# BACK TO SCHOOL??



#### INFORMATION YOU CAN USE



#### **NEW SERIES: CHALLENGE ACCEPTED**

Things happen in life. Some things we can't change, but there are other things in our lives that we do have control over. In order to change your circumstances you must accept your challenges. Will you accept the challenge to check out this new series "Challenge Accepted?"

Life is full of challenges. In order to change your circumstances, you must accept your challenges. As we begin the new year we'll look at the challenge of letting go of the past as well as taking on new challenges for the year that will make us who we want to be and get us to where we want to go. In the first week, we'll look at the things we're holding onto that are keeping us from moving forward. The second week, we'll talk about how powerful words are, and challenge students to come up with one word and one verse that they can focus on becoming throughout the year. In the third and final week of Challenge Accepted, we'll talk about how actions speak louder than words.

This series will encourage students to do what they need to do to get the results they want to get. They'll be challenged to identify what they want most and put habits in place that will get them there.

Part 1 - Pain to Purpose

Part 2 - One Word

Part 3 - One Act

We're still meeting virtually, so please join us by Zoom on THURSDAY evenings from 5-6:30. Our last series was a big hit and a great success. I can't wait to see you there!

#### **BACK TO SCHOOL?**

At the time of this writing, schools in Duval County are slated to open on Monday, August 10th. However, news reports are suggesting that the date may be pushed back to as late as August 31st. But we don't have to wait to promote you to the next grade! If you are headed into the sixth grade, WELCOME TO YOUTH! We are so glad to have you join us! Things looks a little different right now, but we'll be back to our in person meetings as soon as it is safe and we will have a huge party to welcome you into the group. I can't wait to see you all in person again! Until then; stay safe, stay home, stay strong! Karen



Sign-up your student over the phone starting Monday, July 20th: 904-241-2326

Who: Pre-School to High School students in the following zip codes: 32082, 32224, 32233, 32250, 32266, and 32227 or have a parent who works in any of these zip codes.

When: Saturday August 1, from 8am-12pm

Items available: Backpacks, School supplies, Books courtesy of READUSA, Clothing vouchers for BEAM Thrift, Shoe vouchers (TBA), Socks and underwear (TBA)

Where: NEW LOCATION Neptune Baptist Church 407 3rd St, Neptune Beach, 32266\*\*Enter into pickup line from Cherry St.

RAIN DATE: Saturday, August 8, 8 am - 12 pm

For more information, please call the BEAM Office: (904)-241-2326



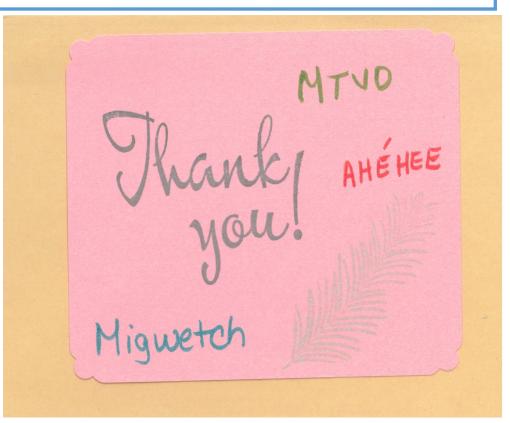




YouVersion

# THANK YOU SPOT

We received a handmade, handwritten
thank you note
for our
donation for
Native American
Awareness
Sunday!





We received a thank you letter from Gene Paul N. Smith, Chief of Police, Jacksonville Beach, for the "overwhelmingly touching" efforts that went into creating and delivering a generous basket of snacks and treats to cheer the entire department, employees and officers, during this time of COVID-19 and unrest.

# CIRCLE OF CONCERN

#### **OUR CHURCH FAMILY:**

- \* Jim Morgan \* Margie Cooper \* Hanna Thomas \* Debbie Santacrose \* Fred Boyd
- \* Marilyn Porterfield \* Gigi Rice \* Cindy Hippensteal \* Bruce Smith \* Bunnie Boyd
- \* Ann DeVane \* Jean Edwards

#### **HOMEBOUND:**

- \* Mary Ann Belisario \* Helen Rose \* Tanya Roché \* Erma Christian \* Betty Curry
- \* Terry & Inez Biggerstaff \* Bob & Nell Webster

#### **FAMILY AND FRIENDS:**

- \* Joan Evans, Nancy Russell's 96 yr. old aunt, COVID-19 exposure
- \* Dan Riddell, church lawn maintenance man, Stroke
- \* James Singer, teenage son of Ferguson's neighbor, ICU, COVID-19
- \* Melanie Weisenborn, D-I-L of Paula—Health Concerns
- \* Joanne Conrad, sister of Joyce Bishopp—Stage 4 Cancer
- \* Ed Sherrill, husband of Virginia Sherrill—Cancer
- \* Simone Oleson, mother of Pastor Bridget—MS, COPD
- \* Dan Carpenter, brother of Debbie Santacrose—Heart
- \* Janet Gray, cousin of the Stuart's— RA, MRSA, and OA
- \* Ruby Jones, cousin of Debbie Santacrose, Cancer
- \* Jeanie Tombaugh, friend of Steffanie Stuart—Stage 4 Cancer

#### **OUR WORLD AND THE COVID-19 CRISIS**

\* Our Medical Personnel, Police, Firefighters, and First Responders

#### CONTINUING PRAYERS FOR

#### **OUR PASTOR & LEADERSHIP**

- \* Christ United Methodist Preschool
- \* Methodist Seminary in Cuba
- \* Mayport Coastal Sciences Middle School (faith partner school)
- \* Rev. Dr.s Cleivy and Leo Garcia, Quéssua, Angola
- \* Pat and Melenda Edmiston, Wycliffe Bible Translators

#### **SERVING OUR NATION:**

- \* Charles Berry Navy \* Seth Buswell—Coast Guard
- \* Brandon Goodner, son-in-law of the Pauza's Army
- \* Whitney Heer—Navy
- \* Vincent LaGrasso, nephew of Fred & Carol Boyd—Navy
- \* Roger Lee Parsons, brother of Amy Knapp Air Force
- \* Jeff Ransom, son of Jim & Anne Ransom, Navy
- \* Timothy Rogers, brother of Drew Rogers Army
- \* Christopher Sherrill, son of Virginia Sherrill UŚAR
- \* Kelly Spencer, niece of Mike and Becky Chambers—Army
- \* James Wade, son of Lori Swann Marines
- \* Cameron Watson, grandson of Larry Barz—Air Force
- \* Andrew Young, grandson of Larry Barz—USAR



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30 Children's Home Sunday 9:15 am Sunday School Via Conference Call 10:15 am Worship online www.christumcnb.org	23 9:15 am Sunday School Via Conference Call 10:15 am Worship online www.christumcnb.org	16 9:15 am Sunday School Via Conference Call 10:15 am Worship online www.christumcnb.org	9:15 am Sunday School Via Conference Call 10:15 am Worship online www.christumcnb.org	2 9:15 am Sunday School Via Conference Call 10:15 am Worship online www.christumcnb.org 5:00 pm Sunset at the Beach		Sun
31	24	17	10	ω	Camp Gladiator exercises In the South Parking Lot every Monday, Wednes- day and Friday	Mon
	25 6:15 pm Operations Mtg.	18 6 am—7 pm Elections	11	4 3-6:30 P.M. Feed the Hunger prep in Wilson Hall		Tue
	26 9—12 Prayer Sanctuary 1:00 pm Worship Design	19 9—12 Prayer Sanctuary	12 9—12 Prayer Sanctuary 1:00 pm Worship Design	5 9—12 Prayer Sanctuary		Wed
	27 10:00 am Christ Quilters 10:30 am Bike Day— Dolphins 5:30 pm Youth Group via Zoom	20 10:00 am Christ Quilters 10:30 am Bike Day— Dolphins 5:30 pm Youth Group via Zoom	13 10:00 am Christ Quilters 10:30 am Bike Day— Dolphins 5:30 pm Youth Group via Zoom	6 10:00 am Christ Quilters 10:30 am Bike Day— Dolphins 5:30 pm Youth Group via Zoom		Thu
School (C)	28 10:30 am Bike Day— Sharks	21 10:30 am Bike Day— Sharks	14 10:30 am Bike Day— Sharks	7 10:30 am Bike Day— Sharks		Fri
	29 K (S)	22	15	φ	1 BEAM BACK TO SCHOOL SUPPLY GIVE AWAY 8 am—noon Pre-registration required	Sat