

## **COVID-19/"Coronavirus Disease"**

There is a lot of panic and misinformation about COVID-19, also known as the "coronavirus disease." Here are some facts:

1. There are members of our congregation that we know have been exposed to the virus.
2. The symptoms according to the CDC are:
  - a. Fever
  - b. Cough
  - c. Shortness of breath
3. The virus is spread person-to-person by respiratory droplets (cough/sneezes). These droplets can also live on surfaces, but the primary way it is spread is person-to-person.
4. If you have symptoms of a cold/flu or the above symptoms you are encouraged to:
  - a. Stay home to prevent the spread
  - b. Remain home/socially distanced for 14 days
  - c. Contact your health care professional and let them know you've potentially been exposed to the virus and are showing symptoms.
5. How can YOU prevent getting sick?
  - a. Use common sense!
  - b. Wash your hands regularly! (With SOAP & WATER, for at least 20 seconds of scrubbing—like you just handled raw meat!)
  - c. Avoid touching your face.
  - d. Sneeze into a tissue and throw it away. If a tissue is unavailable, sneeze into your elbow.
  - e. Disinfect areas regularly.
6. What is the church doing?
  - a. We are not going to respond out of fear! God has not given us a spirit of fear but of sound mind! (2 Tim. 1:7)
  - b. We will operate out of SELF CONTROL! Let us not panic.
  - c. We will operate out of LOVE! However, we will save greeting one another with a holy kiss for other seasons! We will limit handshakes and hugs during this season. For God has also given us common sense! During Passing of the Peace and Greeting Times, please limit greeting to a friendly hello.
  - d. We will continue to offer communion. It is a means of grace (a way we experience God) and we will not limit that. However, we will sanitize. We will also offer clear instructions about how to take communion in a way that spreads less germs.

Jesus said, ***"Peace I leave with you. My peace I give you. I give to you not as the world gives. Don't be troubled or afraid."***

Let those words guide your hearts and minds in these anxious times.

## 20 SECONDS OF HAND WASHING—*Lyrics & Prayers*

### ***Amazing Grace***

Amazing grace, how sweet the sound  
That saved a wretch like me  
I once was lost, but now am found  
Was blind but now I see

### ***Oceans***

I will call upon Your Name  
And keep my eyes above the waves  
When oceans rise  
My soul will rest in your embrace  
For I am Yours and You are mine

### ***The Doxology***

Praise God from whom all blessing flow  
Praise Him all creatures here below  
Praise Him above ye heavenly hosts  
Praise Father, Son, and Holy Ghost. Amen.

### ***Fairest Lord Jesus***

Fairest Lord Jesus, Ruler of all nature  
O Thou of God and man the Son  
Thee will I cherish. Thee will I honor,  
Thou, my soul's glory, joy and crown!

### ***Chain Breaker***

If you've got pain, He's a pain taker  
If you feel lost, He's a waymaker  
If you need freedom or saving  
He's a prison-shaking Savior  
If you've got chains, He's a chain breaker.

### ***The Lord's Prayer***

Our father who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
On earth as it is in Heaven.  
Give us this day our daily bread  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
Lead us not into temptation but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
for ever and ever. Amen